



Counselor Education Program

School of Psychology and Counseling

Report 2018-2019

Counselor Education Program

Curriculum

Fall 2018 was the first semester of the M.A. Clinical Mental Health Counseling.
Below is the curriculum for this degree:

CORE CURRICULUM (45 HOURS)

[COUN 5023 - Counseling Skills and Techniques](#)

[COUN 5033 - Ethical, Legal & Professional Standards in Counseling](#)

[COUN 5043 - Psychopathology: Diagnosis & Treatment of Mental Disorders](#)

[COUN 5053 - Research Methods](#)

[COUN 5073 - Lifespan Human Development](#)

[COUN 5083 - Counseling Theories and Family Therapies for Professional Counselors](#)

[COUN 5093 - Counseling Diverse Populations](#)

[COUN 5133 - Psychological Testing, Clinical Appraisal and Diagnostic Evaluation in Counseling](#)

[COUN 5153 - Psychopharmacology](#)

[COUN 5203 - Group Counseling Methods](#)

[COUN 5223 - Career Counseling and Lifestyle Development](#)

[COUN 5593 - Applied Lab, Ethics, & Treatment Planning](#)

[COUN 6013 - Counseling Practicum](#)

[COUN 6023 - Counseling Internship I](#)

[COUN 6033 - Counseling Internship II](#)

CLINICAL THEOLOGY COURSEWORK (6 HOURS)

[COUN 5101 - Integrative Theology for Counselors I](#)

[COUN 5201 - Integrative Theology for Counselors II](#)

[COUN 5301 - Integrative Theology for Counselors III](#)

[COUN 5663 - Trauma and Theology in the Developmental Context](#)

SPECIALIZATION (15 HOURS)

[COUN 5113 - Human Sexuality & Sex Therapy](#)

[COUN 5123 - Cognitive-Behavioral Therapy](#)

[COUN 5383 - Family Assessment](#)

[COUN 5583 - Addictions Counseling](#)

[COUN 5091 - Couples Therapy and Assessment I](#)

[COUN 5191 - Couples Therapy and Treatment Planning II](#)

[COUN 5291 - Couples Therapy and Treatment Planning III](#)

TOTAL CREDIT HOURS: 66

We added more prerequisites to COUN 5593 Applied Lab so students are better prepared for the CPCE as well as for practicum and internships.

Program Evaluation

The below chart illustrates how program objectives are evaluated:

Program Objectives	Knowledge	Skills	Disposition
Explain and implement ethical decision making skills	Grades in: COUN 5033 COUN 5133 COUN 6013 COUN 6023 COUN 6033 CPCE scores	Grades in: COUN 5133 COUN 5593 COUN 6013 COUN 6023 COUN 6033 Practicum and Internship Case Presentation Individual practicum and internship evaluations	CCS-R assessment Individual practicum and internship evaluations
Acquire and apply counseling skills, clinical assessment, testing, and intervention in counseling cases	Grades in: COUN 5383 COUN 5133 COUN 5023 CPCE scores	Grades in: COUN 5023 COUN 5593 COUN 6013 COUN 6023 COUN 6033 Individual practicum and internship evaluations	CCS-R assessment Individual practicum and internship evaluations
Analyze and apply theories and skills related to individual, couples, and group counseling	Grades in: COUN 5083 COUN 5203 CPCE scores	Grades in: COUN 5083 COUN 5203 COUN 5191 COUN 5291 Individual practicum and internship evaluations	CCS-R assessment Individual practicum and internship evaluations

Develop and describe a philosophy of counseling and professional identity	COUN 5023 COUN 5083 COUN 5593	COUN 5593 Individual practicum and internship evaluations	CCS-R assessment Faculty Interview
Demonstrate understanding of contemporary issues, which include but not limited to gender, sexual orientation, addiction, and violence in treatment of individuals, couples, and families	Grades in: COUN 5113 COUN 5583	Grades in: COUN 5113 COUN 5583 COUN 6013 COUN 6023 COUN 6033 Practicum and Internship Case Presentations	Individual practicum and internship evaluations Practicum and Internship Case Presentations
Understand the interpersonal aspects of theodicy, the dynamics of spiritual direction, and means by which to address spirituality in counseling	Grades in: COUN 5563 COUN 5123 COUN 5593 COUN 6013	Grades in: COUN 5563 COUN 5123	Practicum and Internship Case Presentations
Demonstrate knowledge and skills of culturally, developmentally, and ethically sensitivity counseling	Grades in: COUN 5073 COUN 5093 CPCE scores	Grades in: COUN 5073 COUN 5093 Individual practicum and internship evaluations	CCS-R assessment Individual practicum and internship evaluations
Explain research methodologies and program evaluation and its application to individual,	Grades in: COUN 5053 COUN 5153 COUN 5133 COUN 6023	Grades in: COUN 5153 COUN 5133	CCS-R assessment

couple, and family counseling	CPCE scores		
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In reviewing the outcomes for 2018-2019, a revision was made to COUN 5093 Counseling Diverse Populations. Students were not meeting the clinical skills required for this course; therefore, COUN 5023 Counseling Skills was added as a prerequisite.

Students were not meeting the clinical skills required for COUN 5083 Counseling Theories; therefore, COUN 5023 Counseling Skills was added as a prerequisite.

These decisions were made by the Counselor Education Program faculty, reviewed by the Advisory Council, and approved by the Dean of Psychology and Counseling.

Assessments

Counselor Preparation Comprehensive Examination (CPCE): Eleven students completed the CPCE Fall 2018, nine students completed the CPCE Spring 2019, and 12 students completed the CPCE Summer 2019.

Fall 2018 Results

Content Area	National Participants= n	National Mean Non Exit	LETU Participants= n	LeTourneau Mean
Human Growth and Development	52	11.81	11	10.9
Social and Cultural Diversity	52	11.08	11	9.1
Helping Relationships	52	13.58	11	9.9
Group Work	52	11.54	11	11.0
Career Development	52	9.19	11	7.7
Assessment	52	10.73	11	11.1
Research and Program Evaluation	52	11.69	11	10.9
Professional Orientation and Ethical Practice	52	11.59	11	10.7
Total	52	91.21	11	81.2

Spring 2019 Results

Content Area	National Participants= n	National Mean Non Exit	LETU Participants= n	LeTourneau Mean
Human Growth and Development	977	9.8	9	8.7
Social and Cultural Diversity	977	9.7	9	8.8
Helping Relationships	977	10.9	9	9.6
Group Work	977	10.3	9	8.8
Career Development	977	10.5	9	8.8
Assessment	977	10.8	9	9.4
Research and Program Evaluation	977	10.8	9	9.3
Professional Orientation and Ethical Practice	977	11.3	9	10
Total	977	84.1	9	73.3

Summer 2019 Results

Content Area	National Participants= n	National Mean Non Exit	LETU Participants= n	LeTourneau Mean
Human Growth and Development	717	9.1	12	8.8
Social and Cultural Diversity	717	9.3	12	8.7
Helping Relationships	717	10.2	12	9.4
Group Work	717	9.6	12	8.9
Career Development	717	10.1	12	10.8

Assessment	717	10.1	12	9.3
Research and Program Evaluation	717	10.1	12	9.4
Professional Orientation and Ethical Practice	717	10.8	12	9.9
Total	717	79.3	12	75.2

Our students fell below the national mean. Additional prerequisites were added to COUN 5593 to better prepare students for the CPCE and practicum.

Counselor Competencies Scale—Revised (CCS-R) is completed by on-site supervisors for practicum and internship courses. Sections of this scale are also included in the grading rubric for the course Counseling Skills and Techniques to evaluate students’ basic counseling skills and techniques demonstrated in multiple role plays. Sections of this scale are also included in the grading rubric for Applied Lab, Ethics, and Treatment Planning course. This rubric is used during the student’s interview with the School of Psychology and Counseling Graduate Faculty, Director of LeTourneau Center for Counseling, and the Dean of Psychology and Counseling. Sections of this scale are also integrated into the grading rubric for group supervision for practicum and internship courses. This rubric is completed by the faculty group supervisor.

In reviewing the completed CCS-R, students scored well particularly with therapeutic environment (empathy and respect) and reflecting feelings. Comments common by site supervisors were for students to work on self-confidence and confrontation skills. These comments are typical; however, the core faculty are reviewing ways to help students with verbalizing client inconsistencies and discrepancies.

Course Evaluations are conducted at the end of each semester for every course. Students have an opportunity to evaluate both the course and the instructor by utilizing an online evaluation. This evaluation uses a 5-point Likert scale. Students also have an opportunity to write comments and suggestions about the course and the instructor. This information is used to evaluate the courses and to help determine if revisions are needed.

Students in the M.A. Clinical Mental Health Counseling program completed COUN 5023 Counseling Skills and Techniques, COUN 5043 Psychopathology, COUN 5033 Ethics and Professional Standards, COUN 5083 Counseling Theories, and/or COUN 5383 Family Assessment. The results of the evaluations are as follows:

COUN 5023 Counseling Skills and Techniques: **4.0**. The comments stated included the need for specific feedback from instructor and the midterm and final exams were too hard.

COUN 5033 Ethics: **4.8** The primary comment was “too many reading assignments.”

COUN 5043 Psychopathology: **4.8** The primary comments stated that this course was beneficial.

COUN 5083 Counseling Theories: **4.9** The primary comments stated that the role play exercises were helpful in understanding how to implement theories and specific techniques related to the theory.

COUN 5383 Family Assessment: **4.9** The primary comments stated that this course gave them a better understanding of assessment and how to use genograms.

Student Remediation is a means of helping students improve in specific areas. For this academic year, seven graduate counseling students were reported for plagiarism. Remediation plans were created for each student. A remediation plan was also created for a practicum student because of ethical concerns and violations. The plan included attending an ethics seminar related to Texas LPC rules.

Student Professional Dispositions and Behavior are also assessed at various times throughout the program. In addition to academic success, it is important to assess and evaluate a student’s professional behavior, ethics, emotional stability, openness to feedback, and knowledge and adherence to policies and procedures of the School of Psychology and Counseling, the university, and the practicum and internship sites. A remediation plan was developed for one practicum student who demonstrated difficulty in receiving constructive feedback from the faculty supervisor and the on-site supervisor.

Program Outcomes and Student Learning Outcomes are evaluated at the end of each academic year. The university requires each academic area to provide an Institutional Effectiveness (IE) report. This report provides the program outcomes, course alignment, measurement tool, data collection process, target level of performance, results and modifications. This data is discussed with the graduate faculty of the School of Psychology and Counseling and the Dean. The students in the M.A. CMHC program took COUN 5043 Psychopathology, COUN 5023 Counseling Skills and Techniques, COUN 5383 Family Assessment, COUN 5083, and/or COUN 5033. The SLOs were met for each of these courses; however, the decision was made to add COUN 5023 as a prerequisite to COUN 5083 Counseling Theories.

Student Demographics

For Fall 2018, we had 23 students enrolled in M.A. Clinical Mental Health Counseling. Of the 23 students, 22 are female. Seventeen enrolled as part time and 6 enrolled as full time. The below chart illustrates the ethnicity of the 23 students:

Ethnicity	Fall 2018
American Indian/Alaskan Native	1
Asian	0
Black/African American	9
Hispanic	1
International	0
Two or More Races	2
Unknown/Not Reported	0
White	10
Total	23

2018-2019 Enrollment in The School of Psychology and Counseling:

Major	Title	Fall 2018	Spring 2019	Summer 2019
CMHC	MA Clinical Mental Health Counseling	23	32	41
LPC	M.A. Counseling—LPC	115	94	75
LMFT	MA Counseling--LMFT	2	3	1
LCDT	M.A. Counseling—Dual Concentration	7	4	2
Total Enrollment		147	133	119

2018-2019 Matriculates

Major	Title	Fall 2018	Spring 2019	Summer 2019
CMHC	MA Clinical Mental Health Counseling	21	8	13
LPC	M.A. Counseling—LPC	10	-	-

LMFT	MA Counseling-- LMFT	1	-	-
LCDT	M.A. Counseling— Dual Concentration	-	-	-
Total		32	8	13

Completions

Major	Title	Fall 2018	Spring 2019	Summer 2019
CMHC	MA Clinical Mental Health Counseling	-	-	-
LPC	M.A. Counseling— LPC	9	15	8
LMFT	MA Counseling-- LMFT	-	-	-
LCDT	M.A. Counseling— Dual Concentration	3	-	-
Total		12	15	8

Job Placement

We continue to work on collecting data regarding job placement. About 90% of our students work at least part time. Students work in a variety of settings including schools, nonprofit agencies, insurance companies, and mental health field.

NCE

Based on the data received from alumni, the passing rate on the NCE is 95%. We had one student in the past three years to not pass on the third attempt.

We continue to revise surveys and re-evaluate the method of distributing surveys with the goal of a better return rate. We are also working with the office of Career Development to help distribute and gather data.